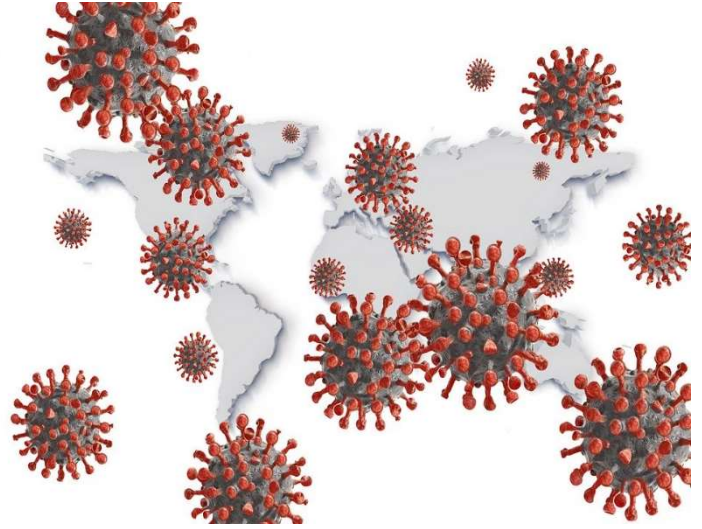


## What's Happening with the COVID 19 Vaccines??

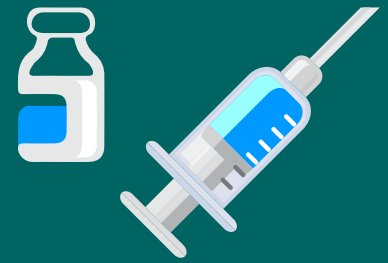


- Although the vaccines are not yet available to us in the community, we are asking that you please complete the enclosed survey to support us in preparing for when the vaccine arrives. You can do this online on the Hiawatha website **OR** fill in the enclosed paper copy and drop off in the mail slot at the L.I.F.E. Services Centre by Friday, February 8. Please only do one survey per person. We would ask that you help others in your home to do this as well so that we can get an accurate number of vaccines that are required to protect our Citizens.
- Please note that we are not yet collecting a list of names but will advise when we get closer as to when you can sign up for a vaccine.
- If you have Allergies or any significant health conditions including but not limited to, immune system concerns, cancer or blood clotting problems, please arrange to consult with your Family Doctor or Nurse Practitioner so that they can advise you if they feel it is safe for you to get the vaccine in the community. Do not wait until Vaccine day as you could be turned away.

If you have other questions or concerns please contact Lori Webster, Community Health Nurse at 705-295-4421.



# COVID-19 VACCINES



## have arrived in First Nations across Canada



This document is a high-level summary of information on the COVID-19 vaccines. For more and up-to-date information, please contact your health care provider or visit the [Indigenous Services Canada COVID-19 webpage](#).

### What you need to know:

- COVID-19 is real and spreading across Canada.
- The Federal, Provincial and Territorial governments are responsible for vaccine distribution and delivery to all Canadians, including for First Nations.
- Health Canada has approved two vaccines (Pfizer and Moderna) currently being administered in Canada. Vaccines are expected to become more readily available throughout 2021.
- Both the Pfizer and Moderna vaccines require two doses, 3-4 weeks apart, to produce a 90% protection rate against COVID-19.
- The vaccines (Pfizer or Moderna) should not be interchanged for the 1<sup>st</sup> and 2<sup>nd</sup> dose. Use the same vaccine for both doses, either Pfizer or Moderna, or what is available in your community.
- Tens of thousands of volunteers participated in COVID-19 vaccine clinical trials (43,000 participants for Pfizer and 30,000 for Moderna). These trials have demonstrated the vaccines are safe and effective.

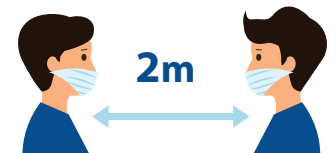


### Myth busting about vaccines:

- COVID-19 is not the flu. The seasonal flu vaccine will not protect you from COVID-19.
- You cannot be infected with COVID-19 from the vaccines.
- Pfizer and Moderna vaccines do not change your DNA.
- There are no microchips in the COVID-19 vaccines.
- The vaccines do not include antibiotics, adjuvants, thimerosal, latex or metals.
- Vaccines are not mandatory.

### When can I get the vaccine and where?

- Everyone who wants a vaccine will have access to one.
- Depending on where you live, you will be given the vaccine available to you at your local clinic site. You may be eligible soon, or you may have to wait a few months.
- All COVID-19 vaccines are free in Canada.
- Priority access to vaccines is being provided to those at greater risk of poor outcomes (e.g. seniors and elders; those living far away from access to health care services) or those who are more at risk of exposure (e.g. health care workers). This differs slightly between each province and territory.
- Individuals 16 years and older are approved for the Pfizer vaccine.
- Individuals 18 years and older are approved for the Moderna vaccine.
- Individuals who are immunocompromised, pregnant or breastfeeding are cautioned against receiving immunization and are encouraged to speak with their health provider.



### AFTER YOU GET VACCINATED:

- There may be local pain at the injection site, fever, chills or feeling tired after immunization. These are common reactions after vaccinations, and it means your body is responding appropriately to the vaccine. Ask your health care provider about any potential adverse reactions to watch for.
- Public health practices will continue even after you are vaccinated. Continue wearing a mask, handwashing or using hand sanitizer and keeping a 2-meter distance from others when away from your home.

# Hiawatha First Nation - COVID-19 Vaccine Survey

Hiawatha First Nation is conducting a survey to gauge interest in the COVID-19 Vaccine when it becomes available. We need to provide the information to Health Care partners to secure the quantity of vaccine for community members who want it.

We are asking you to fill out the survey for yourself. We also need your help in making sure that all the voices of our community members are heard. We ask you to fill out additional surveys for anyone who may not be able to do it for themselves.

This survey is anonymous and we will not collect your personal information. This survey is to find out the communities' interest in being vaccinated against the COVID-19 virus. The information will be used to access vaccines for interested community members. It will also be used to help plan health services for the community. By participating in the survey you are consenting to the use of the data by the Hiawatha First Nation L.I.F.E. Services Centre.

Your aid in combating this health crisis is greatly appreciated. United as a community we can overcome and thrive.

\* Required

1. Do you plan on getting the COVID-19 Vaccine when it becomes available? \*

*Mark only one oval.*

- Yes, I want it
- Maybe, I am vaccine curious
- I can't get the vaccine because of ... reasons
- No, I don't want it

2. How old are you? \*

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3. Are you a: \*

*Mark only one oval.*

- HFN Citizen living in Hiawatha    *Skip to question 5*
- HFN Citizen living outside of Hiawatha    *Skip to question 5*
- Spouse of a HFN Citizen    *Skip to question 5*
- Non-status resident living in Hiawatha    *Skip to question 4*
- Employee of Hiawatha First Nation (Non-HFN Citizen)    *Skip to question 4*

4. How many people over the age of 16 in your household?

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5. What do you feel or think about the Vaccine? (Select all that apply) \*

*Check all that apply.*

- I'm interested in the Vaccine
- I don't know enough about the Vaccine
- I don't trust the COVID-19 Vaccine
- I don't believe in vaccines.
- I can't get the vaccine because of existing health issues.
- I can't get the vaccine because of religious/ spiritual beliefs

Other:  \_\_\_\_\_

6. Are you pregnant, might be pregnant, or breastfeeding? \*

*Mark only one oval.*

- Yes
- Maybe
- No
- Breastfeeding

7. Do you have any pre-existing medical conditions? \*

*Check all that apply.*

- None
- Breathing problems
- Severe or life-threatening allergies
- Mild allergies
- Heart problems
- Diabetes
- Cancer
- Immune system issues

Other:  \_\_\_\_\_

8. Do you have any other questions, concerns, or is there any additional information you would like to receive about the vaccination?

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