



# IMPORTANT NOTICE

**Date: March 6, 2021**

**From: COVID-19 Task Team and HFN Council**

**Re: Provincial and Community Red Zone Restrictions – Update #18**

As you are aware Peterborough Public Health is moving into the provincial red zone restrictions on Monday, March 8, 2021. We have included a copy of the provincial red zone restrictions, and Hiawatha will implement the following:

- Do not have anyone in your home except those who reside in the same household.
- Those who live alone may join only one other household, and no other person can join this household.
- People should stay home to the fullest extent possible, except for essential purposes only (ie: health care appointments and medication, grocery shopping, child care, walking pets when required, outdoor physical activity, and work where it is not possible to work from home), or emergency purposes.
- Outside unorganized gatherings up to 10 people will be allowed, social distancing and mask wearing is required.
- Indoor organized public events and social gatherings are not permitted.

## **Programming:**

- Chiropody (specialized foot care) will continue.
- Massage and Personal Trainers will be cancelled for the month of March.
- Youth Centre will remain open – limit of 5 youth at a time, mask wearing is required and proper health and safety measures are being followed.
- Virtual programming and program supply drop-offs will continue.

## **Administration and Health Office:**

- Will remain open by appointment only. Staff will continue to alternate weeks they are in the Office and all health and safety measure will be followed.

## **Child Care Centre:**

- Will remain open with strict health and safety measures in place.
- Families must stay within their households, with the exception of having one other pre-approved household identified for special circumstances.

**Hiawatha and Citizen Owned Businesses:**

- Will be closed to the general public.
- Hiawatha Citizens (who live on and off), Staff, Residents and OSM Residents who live within the boundaries of Hiawatha will be allowed to access the businesses.
- Regular business hours will remain the same, at this time.

**Vaccine Clinic:**

- Will continue as planned on March 13<sup>th</sup> and 14<sup>th</sup> from 9:30 a.m. – 3:30 p.m. both days.

**COVID-19 Health and Safety Protocols:**

- Practice physical distancing of at least two metres (6ft) with those outside your household.
- Wear a face covering when physical distancing is a challenge or where it is mandatory to do so.
- Face coverings should be tightly fitted to cover the nose, mouth and chin.
- Wash your hands frequently and thoroughly. Use hand sanitizer when soap and water is not available.

**Enforcement:**

- Failure to follow these restrictions will result in fines to be issued.

The purpose of restricting people coming into our First Nation is to protect the health and safety of all our Citizens, especially with the variants that are now circulating in Peterborough. These variants are much more transmissible, thus increasing our susceptibility in contracting the COVID-19 virus. As we have now seen, and we have to live through the repercussions of having unnecessary gatherings.

We ask that everyone please remain vigilant in your measures to keep yourselves, your family and our Community safe. We understand that everyone is frustrated and ready to go back to some sense of normalcy, and we ask that you please hang in there a little bit longer.

We thank you in advance for your patience and assistance and we hope that these Red Zone restrictions are only in place for a short time.

**Miigwetch to all of you – together we are safer, healthier and stronger – we are HIAWASOME!!**

***“Our Citizens and Community remain our first priority and we will work to mitigate risks for best possible outcomes moving forward through the COVID-19 pandemic.”***